

PMP Exam Preparation Course

55 hours

18 modules

PMP ECO 2026

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About This Course

The PMP Exam Preparation Course by Transfotech Global Bangladesh is a 55-hour program built around the PMP Examination Content Outline 2026, PMBOK 8, and the Agile Practice Guide. It is designed to take you from project management fundamentals to full exam readiness.

The curriculum covers all three exam domains — People (33%), Process (41%), and Business Environment (26%) — across 18 modules, blending predictive, agile, and hybrid delivery approaches exactly as they are tested on the exam.

Alongside the lessons, you will work through a 1,000-question practice bank, hands-on assignments like risk registers and communication plans, and two full-length mock exams — so you walk into test day with 15+ hours of realistic exam practice behind you.

Program Structure

The course is organized into thematic blocks that mirror the PMP ECO 2026: a foundations block, one block per exam domain, a dedicated agile & hybrid module, and a final exam-readiness phase.

Each module has a defined hour allocation, chapter quizzes, and practice questions mapped to the enablers it covers. Domain blocks close with hands-on assignments — stakeholder registers, WBS, schedules, risk registers, and an agile simulation.

The final phase includes two full-length 180-question mock exams under real exam conditions, a weak-area analysis, and a strategy workshop covering key formulas and high-weight ECO 2026 topics.

55 hours total

18 modules

3 ECO domains

1,150 practice questions

Lesson categories

Throughout the curriculum, lessons are divided into four categories, each marked with a different color:

Scope Management

Grey lessons — core exam knowledge drawn from PMBOK 8 and the ECO 2026.

Agile & Hybrid

Orange lessons — adaptive delivery content from the Agile Practice Guide, woven through the curriculum.

Exam Strategy

Dark orange lessons — study techniques, reviews, and readiness workshops that prepare you for test day.

Mock Exam

Black lessons — full-length, 180-question practice exams taken under realistic exam conditions.

Introduction & Foundations

The course opens with exam orientation — certification path, eligibility, and the structure of the ECO 2026 — then builds the project management foundations every other module rests on.

Course Intro. PMP Exam Orientation

2 hours

PMP Certification Path & Eligibility

Application & Audit Process

Exam Structure & Question Types

ECO 2026 Overview

Study Strategy & Time Management

Module 1. PM Foundations

4 hours

Project, Program, Portfolio & PMO

Value Delivery System

Governance Frameworks

Organizational Structures

Project Environment & Roles

The 12 PM Principles

Domain I: People (33%)

The People domain covers the leadership and interpersonal skills tested on a third of the exam: building and empowering teams, managing conflict, engaging stakeholders, and communicating effectively.

Module 2. Vision, Leadership & Team Development

3 hours

Common Vision & Strategic Alignment

Servant Leadership

Leadership Styles

Team Empowerment & Expectations

Team Roles & Responsibilities

Emotional Intelligence

Problem Solving

Team Diversity

Module 3. Conflict Management & Team Dynamics

2 hours

Conflict Sources & Resolution

Negotiation

Ground Rules & Team Agreements

Managing Difficult Stakeholders

Escalation Techniques

Module 4. Stakeholder Engagement

3 hours

Stakeholder Identification & Mapping

Engagement Planning

Expectation Management

Customer Satisfaction

Influence Strategies

Mentoring & Coaching

Module 5. Communication & Knowledge Management

2 hours

Knowledge Management & Lessons Learned

Knowledge Transfer

Communication Planning & Reporting

Governance Reporting

Transparency & Feedback Mechanisms

Domain II: Process (41%)

The Process domain is the largest part of the exam. Eight modules cover the full delivery lifecycle — from planning approach and scope to schedule, cost, quality, performance measurement, and closure.

Module 6. Integrated Planning & Delivery

2 hours

Project Complexity & Needs Assessment

Development Approach Selection

Integrated PM Plan

Resource Estimation

Gap Analysis

Business Value Assessment

Data-Driven Decision Making

Predictive, Agile & Hybrid Approaches

Module 7. Scope Management

1.5 hours

Requirements Collection & Documentation

Scope Definition & Baseline

WBS & Decomposition

Scope Validation & Control

Stakeholder Agreement on Scope

Managing Scope Changes

Module 8. Value-Based Delivery

1.5 hours

Value Identification & Benefits Realization

Outcome vs Output

Incremental Value Delivery

Prioritization Techniques

Product Backlog Prioritization

Value Measurement & Benefits Tracking

Module 9. Resource & Procurement Management

2.5 hours

Resource Planning & Optimization

Resource Leveling & Smoothing

Team Acquisition

Procurement Strategy & Make-or-Buy

Contract Types & Vendor Selection

Contract Administration & Closure

Module 10. Finance & Quality Management

2.5 hours

Budget Development & Cost Estimation

Cost Control & Forecasting

Contingency & Management Reserves

Quality Planning, Assurance & Control

Cost of Quality (CoQ)

Regulatory & Sustainability Compliance

Continuous Improvement

Module 11. Schedule Management

1.5 hours

Activity Definition & Sequencing

Milestones & Dependencies

Network Diagrams

Critical Path Method (CPM)

Schedule Baseline

Fast Tracking & Crashing

Schedule Variance Analysis

Agile Estimation & Story Points

Module 12. Performance Measurement & Status

1.5 hours

KPIs & Project Metrics

Earned Value Management (EVM)

Forecasting Techniques

Variance & Trend Analysis

Artifact Management

Project Dashboards

Status Reporting

Module 13. Project Closure & Transition

1 hour

Closure Planning & Criteria

Stakeholder Acceptance

Transition & Operational Handover

Procurement & Financial Closure

Resource Release

Lessons Learned

Administrative Closure

Domain III: Business Environment (26%)

The Business Environment domain connects projects to the organization around them: governance, compliance, change control, risk, and the external forces that shape project decisions.

Module 14. Governance & Compliance

2 hours

Governance Frameworks & Structures

Organizational Process Assets

Ethics & Professional Conduct

Decision Authority & Escalation Paths

Compliance Requirements

Compliance Monitoring & Audit Readiness

Module 15. Change Control, Issues & Impediments

2 hours

Change Control Process & Requests

Change Impact Analysis & Approval

Configuration Management

Issue vs Risk

Root Cause Analysis

Issue Prioritization & Escalation

Blocker Removal

Module 16. Risk Management

2 hours

Risk Identification & Categorization

Qualitative & Quantitative Analysis

Risk Response Planning

Risk Register

Risk Monitoring & Control

Security & Sustainability Risks

AI-Assisted Risk Identification

Module 17. Org. Change & External Environment

2 hours

Retrospectives & Kaizen

Organizational Learning & Updating OPAs

Culture Assessment & Change Readiness

Stakeholder Adoption

Resistance Management

External Environment: Regulatory, Tech & AI

Module 18. Agile & Hybrid Delivery

5 hours

Agile Manifesto, Principles & Values

Servant Leadership

Self-Organizing Teams

Scrum: Roles, Events & Artifacts

Kanban & Flow Management (WIP Limits)

Lean Principles & Waste Reduction

XP Overview

Product Vision & Roadmap

Release & Iteration Planning

Backlog Management & User Stories

MVP Concepts

Velocity, Burndown & Burnup Charts

Lead Time & Cycle Time

Hybrid Delivery & Tailoring Approaches

Agile Governance & Risk Management

AI-Assisted Reporting & Risk Identification

Exam Readiness

The final 10 hours simulate the real exam: two full-length, 180-question mock exams across all three domains, each followed by structured review.

Mock Exam 1

4 hours

Full Mock Exam 1 — 180 Questions

Timed, Real Exam Conditions

Covers All 3 Domains

Predictive, Agile & Hybrid Mix

Review & Analysis

1 hour

Mock Exam Review & Weak Area Analysis

Detailed Answer Walkthrough

Weak Domains & Question Patterns

Personalized Final Study Plan

Mock Exam 2

4 hours

Full Mock Exam 2 — 180 Questions

ECO 2026 Situational Questions

Scenario-Based Practice

Strategy Refinement & Confidence

Final Strategy Workshop

1 hour

Exam-Day Strategy & Tips

Key Formulas & Quick Reference

High-Weight ECO 2026 Topics

Question Bank & Deliverables

Practice question bank

Foundations & PM Principles	25
Environment & Framework	30
Domain I — People	90
Domain II — Process	150
Domain III — Business Environment	60
Agile & Hybrid	75
Mock Exams (4 × 180 questions)	720
Total practice questions	1,150

What you get

Participant Manual	300–350 pages
Slide Deck	800–1,000 slides
Chapter Quizzes	After every module
Assignments	Stakeholder & Risk Registers · Communication Plan · WBS · Schedule · Governance Case · Agile Simulation
Mock Exams	4 full-length PMP mock exams, 180 questions each

Learn the method. Pass the exam.

55 hours

18 modules

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